



seedtrack

food menu



Day 1 : 18.03.2023

Time

6:30am-8:00am
(breakfast)


Idly
Sambar/chutney
tea

2:00pm-3:30pm
(lunch)

kerala rice
sambar
curd
soyabean thoran
aviyal
pickle
pappad
(additional non veg)

8:00pm-10:00pm
(dinner)

chicken biriyani
salad
pickle



Day 2: 19.03.2023

Time

6:30am-8:00am
(breakfast)

Putt
kadalacurry
tea

2:00pm-3:30pm
(lunch)

kerala rice
Moru curry
Rasam
Theeyal
Thoran
Pickle
pappad
(additional non veg)

8:00pm-10:00pm
(dinner)

chapathy
chicken curry
(additional: fried rice
chilly chicken)

note: Snacks and juice will be available for additional payment